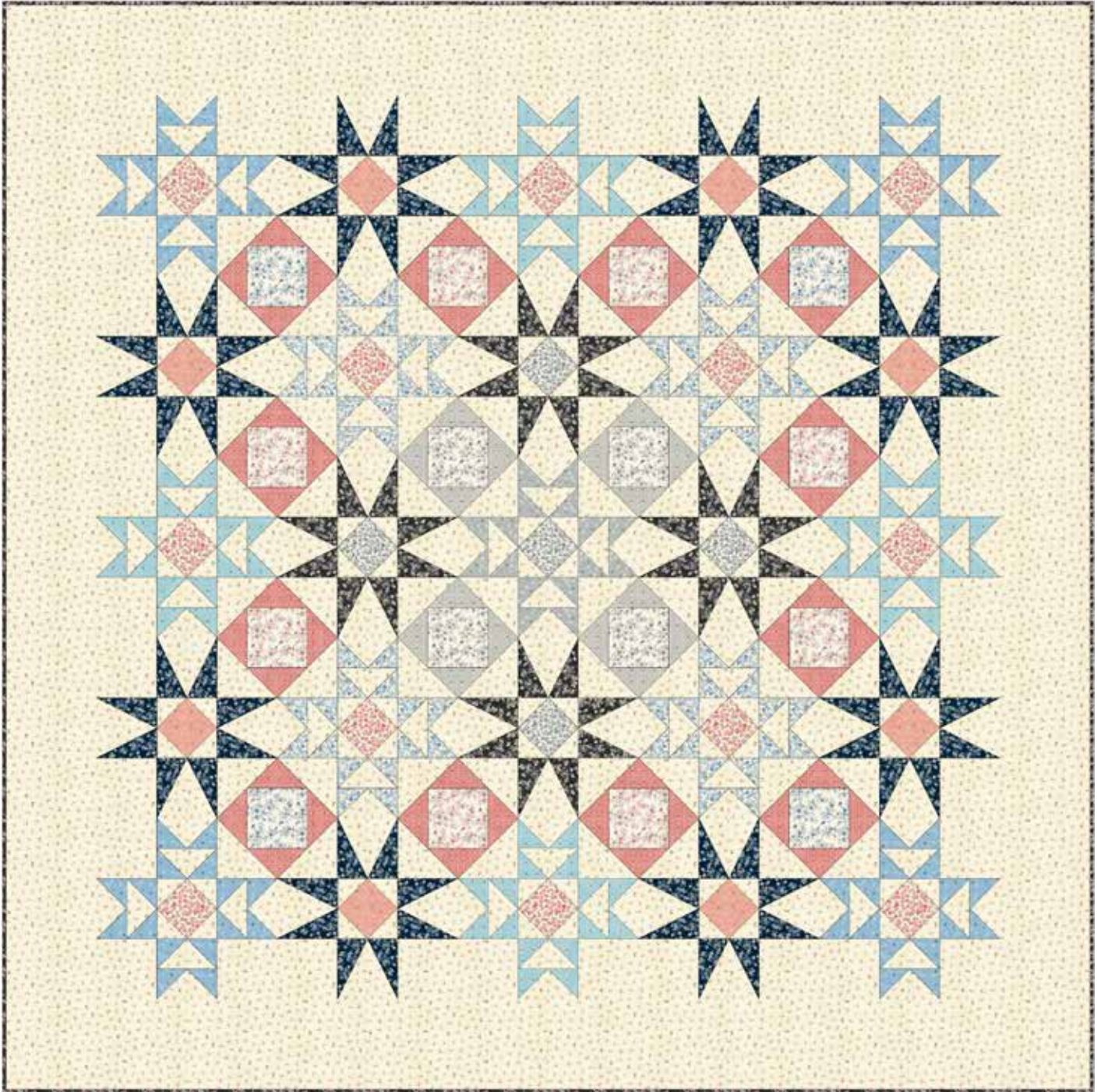


# Tranquility Quilt

Designed by Lynne Goldsworthy of [lilysquilts.blogspot.com](http://lilysquilts.blogspot.com)  
72" x 72" (180cm x 180cm)



[makoweruk](http://makoweruk.com)

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## Fabric Requirements

SKU	Amount	Cut
2410 B3	F8th	Four 4 ½" squares
2410 B9	15" / 40cm	Three 4 ½" WOF strips cut into thirty-two 3 ¼" x 4 ½" rectangles
2410 P2	FQ	Two 4 ½" WOFQ strips cut into eight 4 ½" squares
2410 P7 (binding)	24" / 60cms	Seven 2 ½" WOF strips
2410 S1	F8th	Four 4 ½" squares
2410 S8	FQ	Three 4 ½" WOFQ strips cut into sixteen 3 ¼" x 4 ½" rectangles
2411 B	15" / 40cm	Two 6 ¼" WOF strips cut into eight 6 ¼" squares
2411 P	15" / 40cm	Two 5 ¼" WOF strips cut into twelve 5 ¼" squares
2411 S	F8th	Four 5 ¼" squares
2412 B	15" / 40cm	Two 6 ¼" WOF strips cut into eight 6 ¼" squares
2412 P	FQ	Three 4 ½" WOFQ strips cut into twelve 4 ½" squares
2412 S	FQ	Two 4 ½" WOFQ strips cut into five 4 ½" squares
2413 B	15" / 40cm	Two 6 ¼" WOF strips cut into eight 6 ¼" squares
2413 P	FQ	Two 4 ½" WOFQ strips cut into eight 4 ½" squares
2413 S	F8th	Two 6 ¼" squares
2414 P, B or S (BKG)	4 ¼ yds / 4 m	See cutting instructions below
2410 B9, P7, S8 (backing)	4 ½ yds / 4 ¼ m	Two equal lengths
Wadding	80" sq / 2m sq	279 Cotton Mix 80-20 from <a href="http://www.vlieseline.com/en">http://www.vlieseline.com/en</a>
Threads		Aurifil 50wt for piecing and 40wt for quilting from <a href="http://www.aurifil.com">http://www.aurifil.com</a>
Templates		Twenty-six HST templates and one ABC Template sheet

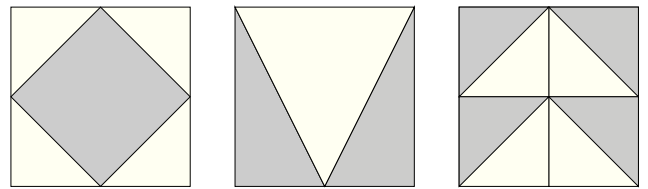
## Notes:

- Read the pattern in full before starting
- ¼" seams are used throughout except where stated otherwise
- Press after each seam, pressing seams open or to one side as preferred
- WOF – width of fabric - a strip of fabric cut from selvedge to selvedge
- WOFQ – a strip of fabric cut from selvedge to centre cut on a FQ or F8th
- HST – half square triangle
- BKG – background
- Make sure to visit <http://www.makoweruk.com/projects/> to ensure you are working from the most up-to-date version of the pattern
- Makower UK provides the written instructions only to accompany the named collection. Retailers are free to use these free instructions to provide a fabric kit. Accurate cutting of fabric is down to the individual retailer and any fabric supply enquires should be directed to point of purchase.

## Making the quilt top

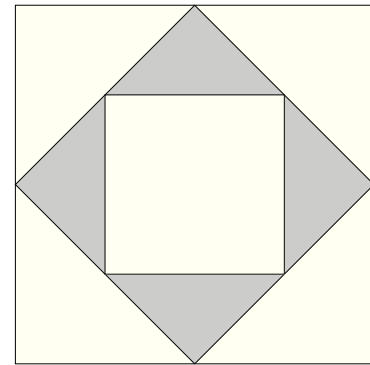
1. Cut the fabrics as shown in the main fabric requirements table and cut the cream background (BKG) print as follows:
  - Five 6 ¼" WOF strips cut into twenty-six 6 ¼" squares. Cut three B templates from the remainder. Mark the red dots on the templates onto the fabric either by making a small snip into the seam allowance or with an erasable marker and do the same for the B templates cut further down in these instructions.
  - Four 4 ½" WOF strips - cut each into one 4 ½" square and four 4 ½" x 8 ½" rectangles
  - Seven 2 ½" WOF strips cut into one hundred 2 ½" squares
  - Three 4 ½" WOF strips cut into forty-five B templates
  - Four 5" WOF strips cut into thirty-two 5" squares
  - Seven 6 ½" WOF strips sewn end to end and cut into two 60 ½" and two 72 ½" lengths

2. To make this quilt top, you will make:
  - Twenty-five economy squares (fig 1)
  - Forty-eight Kaleidoscope units (fig 2)
  - Fifty-two double flying geese units (fig 3)
  - Sixteen double economy squares (fig 4)



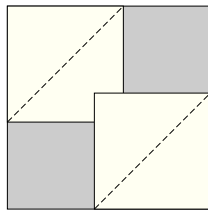
3. To make each of the economy squares, take one pink or grey print  $4\frac{1}{2}$ " square and four BKG  $2\frac{1}{2}$ " squares. Mark diagonal lines on the back of the BKG squares.

4. Place one of the small squares right sides together with the corner of one of the large squares and sew along the diagonal line. Repeat with a square on the opposite corner (fig 5).

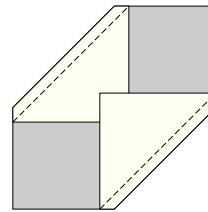


5. Trim away excess fabric  $\frac{1}{4}$ " beyond the seam allowance lines (fig 6).

6. Press over to add two triangles to the corners (fig 7).



7. Repeat for the other two corners (fig 8).



8. To make the kaleidoscope units, cut half of the  $3\frac{1}{4}$ " x  $4\frac{1}{2}$ "

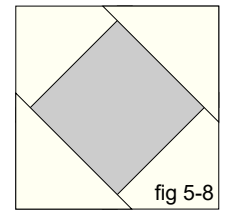
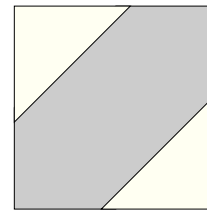


fig 1-4

fig 5-8

rectangles into two A templates and half into two C templates. You will have thirty-two of each for the dark blue print and sixteen of each for the black print. Mark the red dots on the templates onto the fabric either by making a small snip into the seam allowance or with an erasable marker.

9. Sew one A template piece to one side of one of the BKG B template pieces and a C template piece to the other side. Take care to align the red dot marks. Once pieced and pressed, this unit should measure  $4\frac{1}{2}$ " square.

10. To make the fifty-two double flying geese units you will make 2" finished HSTs in sets of eight using paper templates. To make each set of eight HSTs, pin one BKG  $6\frac{1}{4}$ " square and one print  $6\frac{1}{4}$ " square to the back of one of the HST templates with the fabrics right sides together and the BKG fabric next to the paper.

11. Shorten your machine stitch to 1.5 and sew along all of the red lines. Cut the template and fabric along all the blue lines using a rotary cutter. Trim off the corners on each triangle along the green lines.

12. Press each HST unit open. Remove paper from the back of each HST unit.

13. Sew the HSTs into four patches following the layout in fig 3.

14. To make each of the sixteen double economy squares, you will need one blossom print  $4\frac{1}{2}$ " square, one trellis print (pink or grey)  $5\frac{1}{4}$ " square and two BKG 5" squares. Cut the trellis print square in half on both diagonals to yield four quarter square triangles (QSTs) per square and the 5" BKG squares in half on one diagonal to yield two half square triangles (HSTs) per square.

15. Sew two trellis print QSTs to two opposite sides of one of the blossom print  $4\frac{1}{2}$ " squares, press open and trim off corners (fig 9). Sew two more to the other two sides of the  $4\frac{1}{2}$ " square, press open and trim off corners (fig 10).

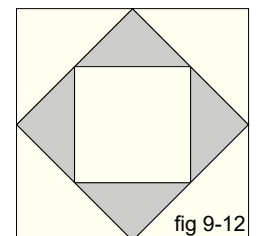
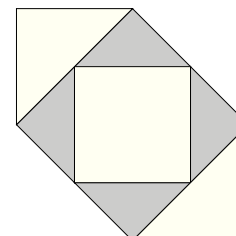
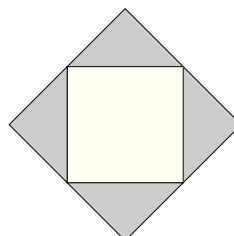
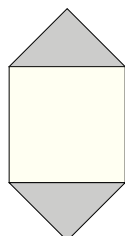


fig 9-12

16. Sew two BKG 5" HSTs to two opposite sides of the piece made at 14 above. Press open and trim off corners (fig 11). Sew two more BKG 5" HSTs to the other two sides, press open and trim the whole block to  $8\frac{1}{2}$ " square (fig 12).

17. To assemble the quilt top, follow the fabric placement in the main quilt image and the layout in the layout diagram (fig 13).

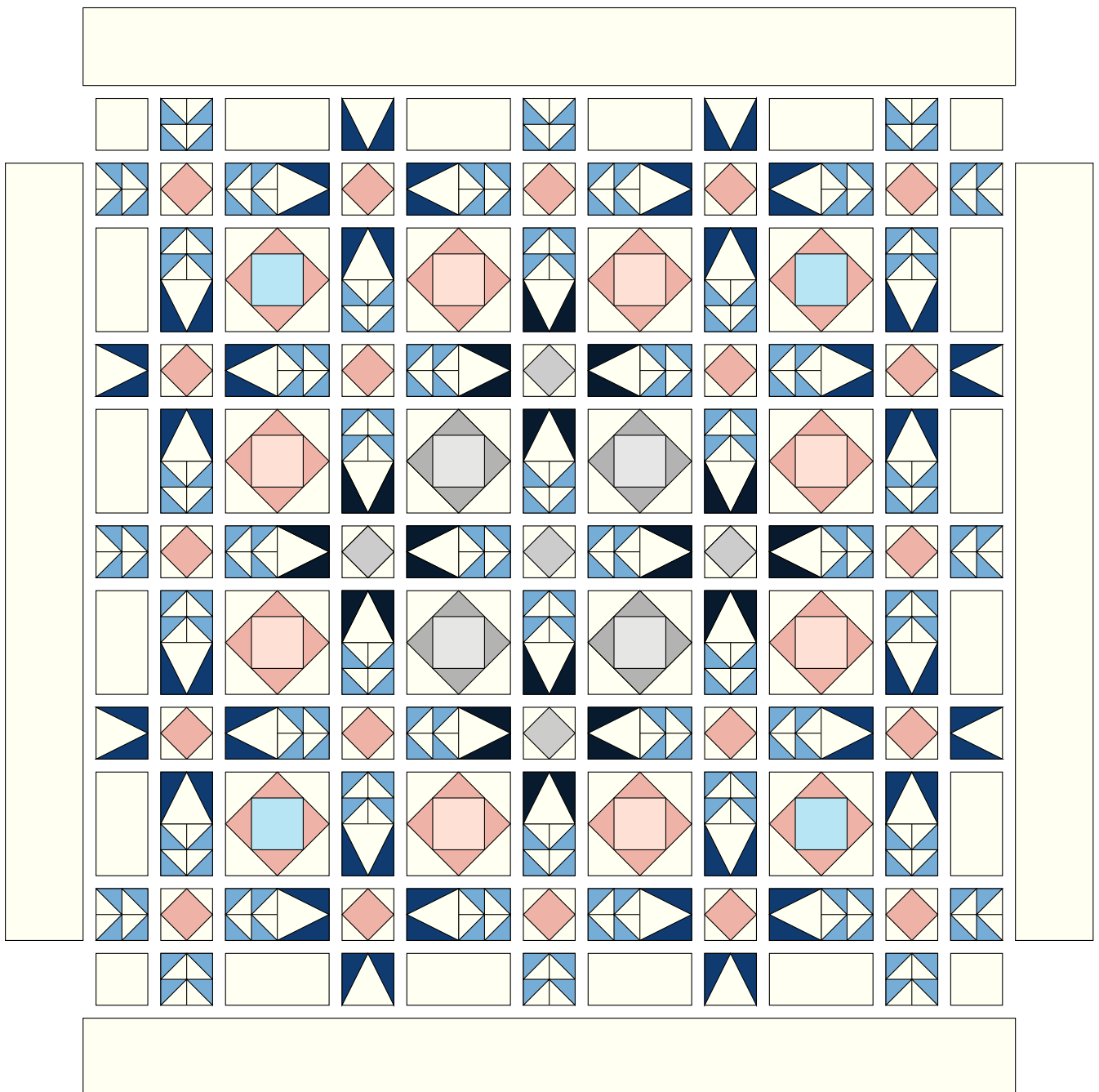


fig 13

The first step is to sew forty of the double flying geese units to forty of the kaleidoscope units. You may prefer to do this as they appear in each row of the quilt as this makes it easier to keep track of what goes where.

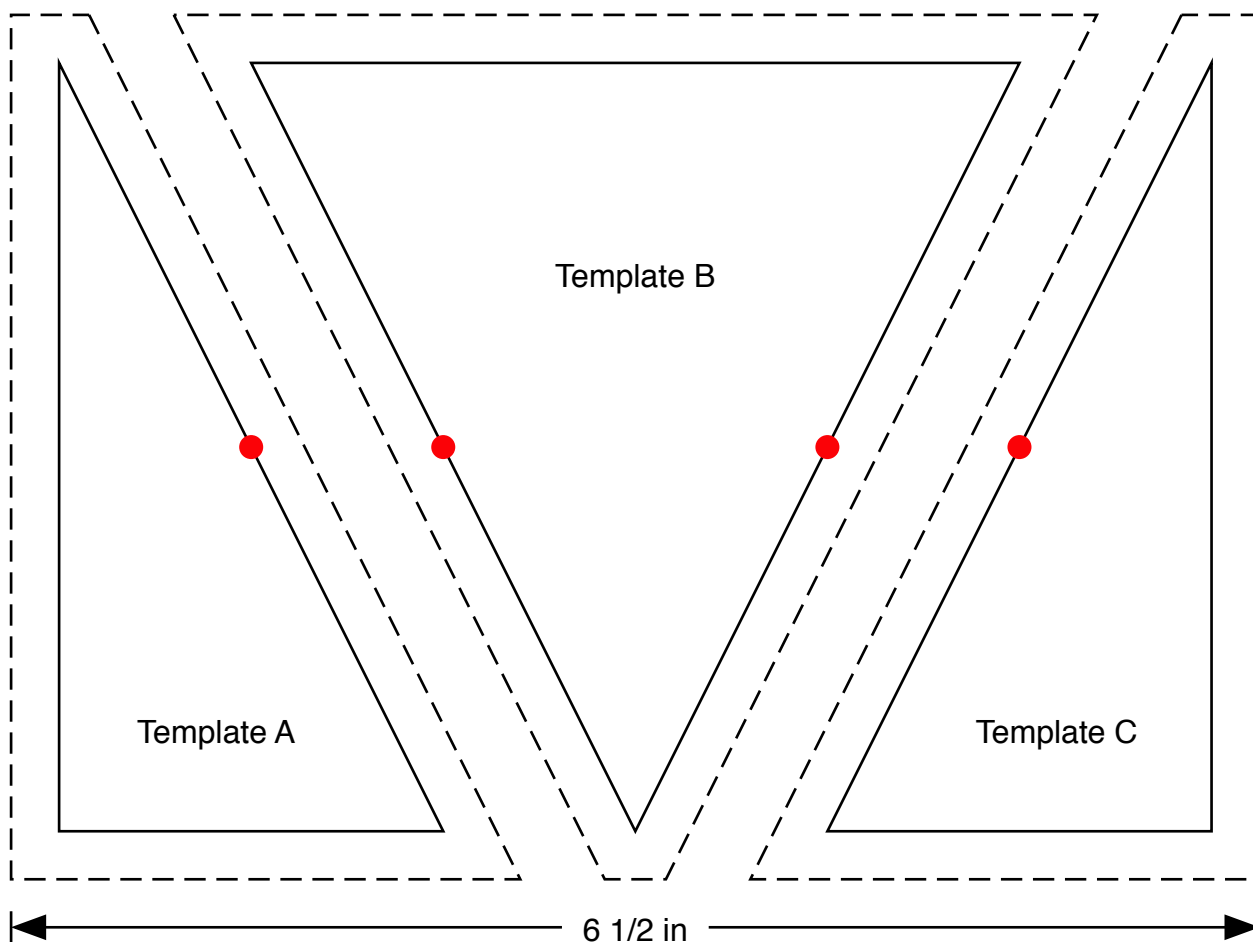
18. Sew the centre of the quilt top into eleven rows containing the following pieces:

- Rows 1 and 11: two BKG  $4\frac{1}{2}$ " squares, three double flying geese units, four BKG  $4\frac{1}{2}$ " x  $8\frac{1}{2}$ " rectangles and two kaleidoscope units
- Rows 2 and 10: two double flying geese units, four geese / kaleidoscope units and five pink economy squares
- Rows 3 and 9: two BKG  $4\frac{1}{2}$ " x  $8\frac{1}{2}$ " rectangles, five geese / kaleidoscope units, two pink double economy squares with blue centres and two pink double economy squares with pink centres
- Rows 4 and 8: two kaleidoscope units, four pink economy squares, one grey economy square and four geese / kaleidoscope units
- Rows 5 and 7: two BKG  $4\frac{1}{2}$ " x  $8\frac{1}{2}$ " rectangles, five geese / kaleidoscope units, two pink double economy squares with pink centres and two grey double economy squares with grey centres
- Row 6: two double flying geese units, four geese / kaleidoscope units, two pink economy squares and three grey economy squares

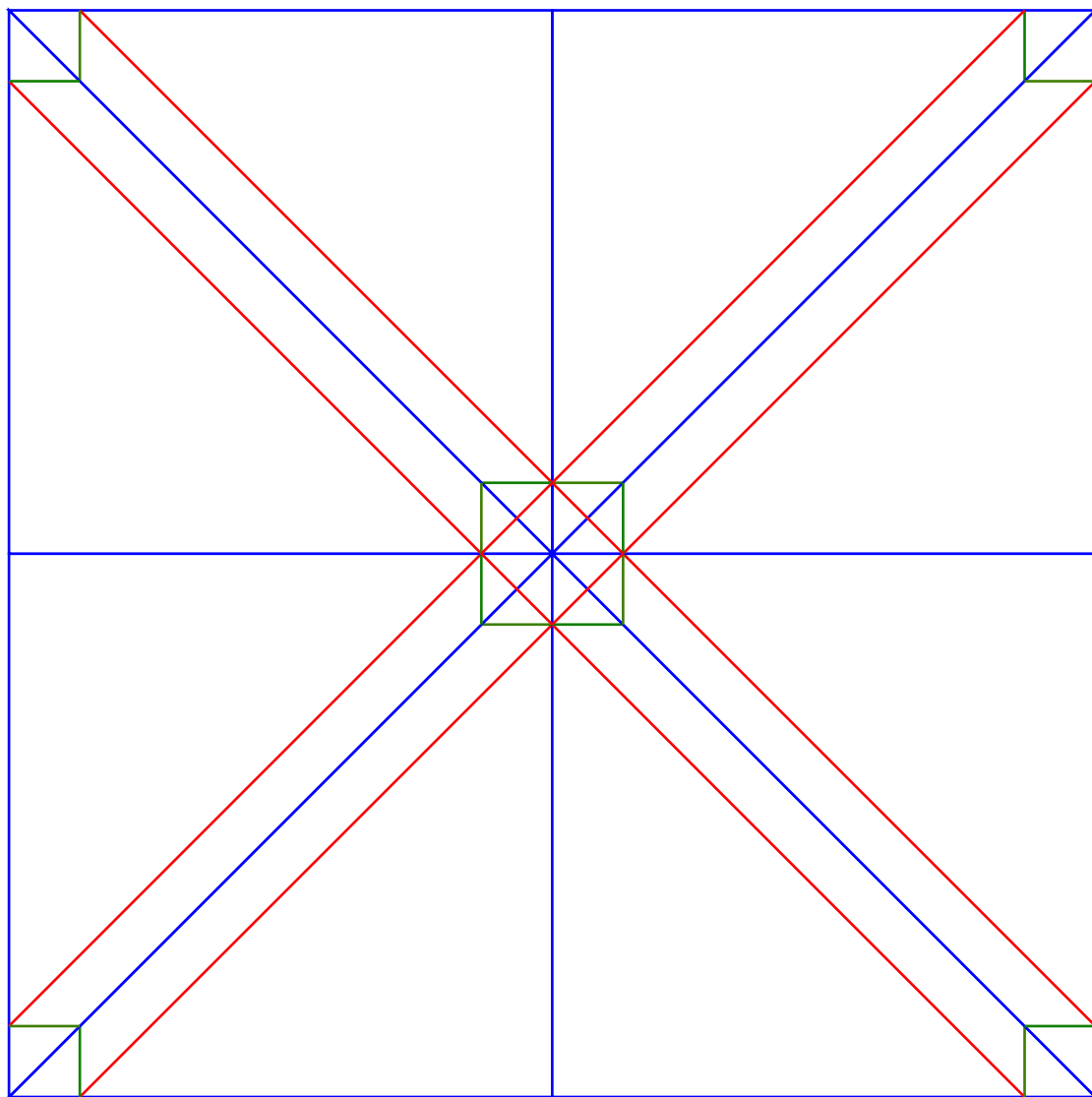
19. Sew the eleven rows together to complete the centre of the quilt top. Sash the sides of this with the BKG  $6\frac{1}{2}$ " x  $60\frac{1}{2}$ " strips and then the top and bottom with the  $6\frac{1}{2}$ " x  $72\frac{1}{2}$ " strips.

## Finishing the wall hanging

1. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
2. Make a quilt sandwich, basting together the back, the wadding and the top.
3. Quilt as desired then trim square, removing excess wadding and backing. We quilted a diagonal cross hatch of wavy lines approx 3" apart using a cream 40wt Aurifil thread on the front and back.
4. Bind, taking care to mitre the corners.



Templates must be printed at 100% or “no scaling”. To ensure the templates are the correct size, measure the guide line to make sure it has printed at the correct length.



←————— 5 3/4 in —————→

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# Tranquility



2410/S1 Cherry Branch



2410/P2 Cherry Branch



2410/B3 Cherry Branch



2413/S Floret



2413/P Floret



2413/B Floret



2414/S Sprig



2414/P Sprig



2414/B Sprig



2412/S Blossom



2412/P Blossom



2412/B Blossom



2411/S Trellis



2411/P Trellis



2411/B Trellis



2410/S8 Cherry Branch



2410/P7 Cherry Branch



2410/B9 Cherry Branch